

Diabetes Awareness Training

Supporting people living with diabetes

Practical training and measures for working with diabetes

Diabetes Awareness Training provides an all-inclusive understanding of the everyday experiences of people who live with diabetes.

The comprehensive overview of diabetes is suitable for most healthcare professionals with practical and engaging content designed to embed all complexities of the condition.

Course content

The course highlights the different types of diabetes, its causes and impacts, and how medication and lifestyle changes can affect the way people live with the condition.

- What is diabetes?
- Complications
- Types of diabetes
- Weight management
- Food and diabetes
- Medication and treatment
- Monitoring glucose levels
- Impact of diabetes

Interactive, fun and informative demonstrations highlight how appropriate care can improve the ways of living with diabetes and how healthcare professionals can effectively and confidently manage any complications.

Training is designed to be engaging and participants are encouraged to work in collaboration to broaden everyone's knowledge and have a safe environment to ask questions and share experiences.

Call: 0330 100 2821
Email: training@momentumpeople.co.uk
Visit: momentumpeople.co.uk

Who is this course designed for?

The Diabetes Awareness course is ideal for all personnel working in a role who may come into contact with patients or clients with diabetes. The course content can be tailored and presented to organisations which have specific needs.

Course Duration

The Diabetes Awareness Training course is a full day course made up of four modules. Please allow for a duration of eight hours for the day, which includes lunch and breaks.

The course was delivered at a level that the target audience could understand and was informative and well presented.

Kevan Williams, Stafford Short Breaks

Course Outcome

At the end of the course, participants will understand the complications and impact of diabetes and effective ways to manage the condition through medication, lifestyle and risk management.

Participants will gain extensive knowledge about the condition and feel comfortable when offering advice, using appropriate medication and monitoring measures.

Ways to Study

Participants can study the Diabetes Awareness course by booking onto one of our regular in-person open course dates.

The course is also accessible as a tailored training day for organisations which require specific content or have a large team that needs to attend.

Well worth attending if you work with the elderly or those who have diabetes, it was very helpful and delivered in a manner that was easy to understand.

Leslie Wilkins, Andover Nursing Home

Diabetes Awareness Training fees

£850 + VAT and travel where applicable for up to 10 participants.

Why use Momentum People?

Momentum People's training courses introduce diverse coaching and training styles using a holistic approach to ensure personal sustainability as well as practical knowledge and upskilling.

Specialist behaviour, communication and business strategy disciplines blend with pharmaceutical expertise to ensure courses are engaging, fun and hands-on.

Very informative, all questions answered. A complete health condition explained in easy to understand delivery.

John Rowlands, Stafford Short Breaks