

# More About Medicines Groups for Care Workers

Understanding the why behind the  
use of specific medicine groups

**The More About Medicines course provides an in-depth look at the different groups of medicines chosen to treat certain conditions.**

Content is interactive and introduces participants to the possible side effects of the medicines and how the medications prescribed work for the client.

## **Course content**

More About Medicines is an interactive course delivered using discussion points, practical exercises, collaborative games and industry videos.

Participants will understand the following groups of medicines and have the chance to ask questions and discuss real-life concerns in a safe environment.

- Blood pressure medication
- Cholesterol-lowering medication
- Anticoagulants
- Pain killers
- Parkinson's medication
- Dementia medication
- Diabetes medication
- Laxatives
- Inhalers

Other medicine groups can be accommodated in tailored training and discussed at the enquiry stage.

Participants will receive an information work booklet and handouts for the course duration.

This course does not cover medicines management or medication administration. Please review the complete list of Momentum People courses for alternative training if this is what you require.

## **Who is this course designed for?**

More About Medicines is ideal for healthcare workers of all levels across various sectors. The course content provides an excellent understanding for those new to a care role or the healthcare industry and more senior workers requiring a refresh of the latest guidance.

## **Course duration**

The More About Medicines course last for four hours, including breaks.

Call: 0330 100 2821  
Email: [training@momentumpeople.co.uk](mailto:training@momentumpeople.co.uk)  
Visit: [momentumpeople.co.uk](http://momentumpeople.co.uk)

### Course outcome

At the end of the course, participants will understand the differences between medicine groups and what conditions and symptoms they are used to treat.

Participants will be aware of any potential side effects and be able to recognise contraindications and feel confident in talking about medicine groups with colleagues and clients.

A certificate of attendance will be issued at the end of the course.

### Ways to study

More About Medicines can be delivered in-house as face-to-face training at your premises or online (via Zoom or Teams).

### Fees

- £495 per 4 hour session plus VAT and travel, where applicable, for up to 15 participants.

### Why use Momentum People?

Momentum People's training courses introduce diverse coaching and training styles using a holistic approach to ensure personal sustainability, practical knowledge and upskilling.

Specialist behaviour, communication, and business strategy disciplines blend with pharmaceutical expertise to ensure engaging, fun, and hands-on courses.

Join thousands of professional healthcare individuals, teams and leaders who have already benefited from learning with Momentum People.

To book or ask a question, call 0330 100 2821 or email [training@momentumpeople.co.uk](mailto:training@momentumpeople.co.uk)